

# A different approach to managing chronic ITP

TAVALISSE is an oral medicine that can help you manage chronic immune thrombocytopenia by protecting your platelets from destruction

## What is TAVALISSE?

TAVALISSE is a prescription medication used to treat adults with low platelet counts due to chronic ITP when a prior treatment for ITP has not worked well enough. It is not known if TAVALISSE is safe and effective in children.

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(fostamatinib disodium hexahydrate) tablets



Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.

# Thinking about TAVALISSE or already taking it?

This brochure can provide answers to common questions

**TAVALISSE is an oral medication that can help you manage chronic immune thrombocytopenia (ITP) by protecting your platelets from destruction.**

Remember, your healthcare provider is the best resource to advise you about your health and treatment. Talk to them about your condition and if TAVALISSE might be right for you.



Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.

# Key information about chronic ITP and TAVALISSE

## A guide to common questions and answers

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# ITP can lead to major bleeding and other complications

## Chronic ITP can be a serious condition and should be managed properly

### What is ITP?

ITP is short for immune thrombocytopenia (THROM-bo-sigh-toe-PEE-nee-ah).

ITP is an autoimmune disorder, which means that the body's immune system attacks and destroys platelets in the blood. ITP can also slow down the body's ability to make more platelets.

### What is chronic ITP?

ITP can become chronic, which is when platelet counts are low for a long time. Chronic ITP can be a serious condition if left untreated. It's important to know that chronic ITP can be managed with treatment.

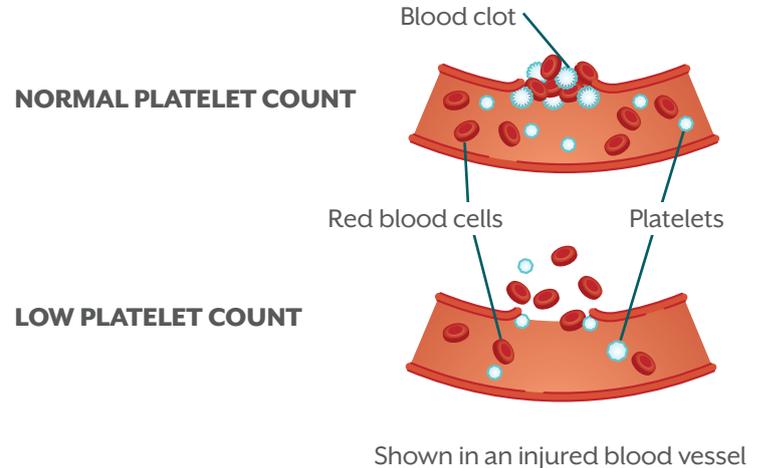
You may need to see a new healthcare provider who specializes in treating blood disorders, like a hematologist-oncologist (called a "hem-onc" for short).

Keep in mind that ITP is not cancer and it is not contagious.

### What are platelets?

Platelets are tiny cells in the blood that clump together to form a clot and stop the bleeding when a blood vessel is damaged. For example, when your body forms a scab, or clot, over an injury, platelets are the first cells on the scene to begin the healing process.

People with ITP have lower amounts of platelets in their blood, which makes it harder for blood clots to form.



## What happens when you have low platelet counts?

Low platelet counts can lead to bleeding and other issues. Every person's body is different, so your symptoms may vary. Your symptoms may include:



- Tiny reddish-purple spots (called petechiae)
- Easy bruising



- Bleeding from gums or nose
- Bruising or blood-red spots in the mouth



- Very heavy or long menstrual flow
- Internal bleeding (for example, in the stomach, intestines, or brain)



“I try not to be self-conscious about my bruises, but I wish there was more I could do about them.”

— Patient living with chronic ITP

# Treatment is individualized

## What is the goal of treatment?

The goal of treatment in ITP is to reduce the risk of bleeding by raising platelet counts. The target number of platelets needed will vary from person to person. You and your healthcare provider will determine the right treatment for you to achieve that goal.

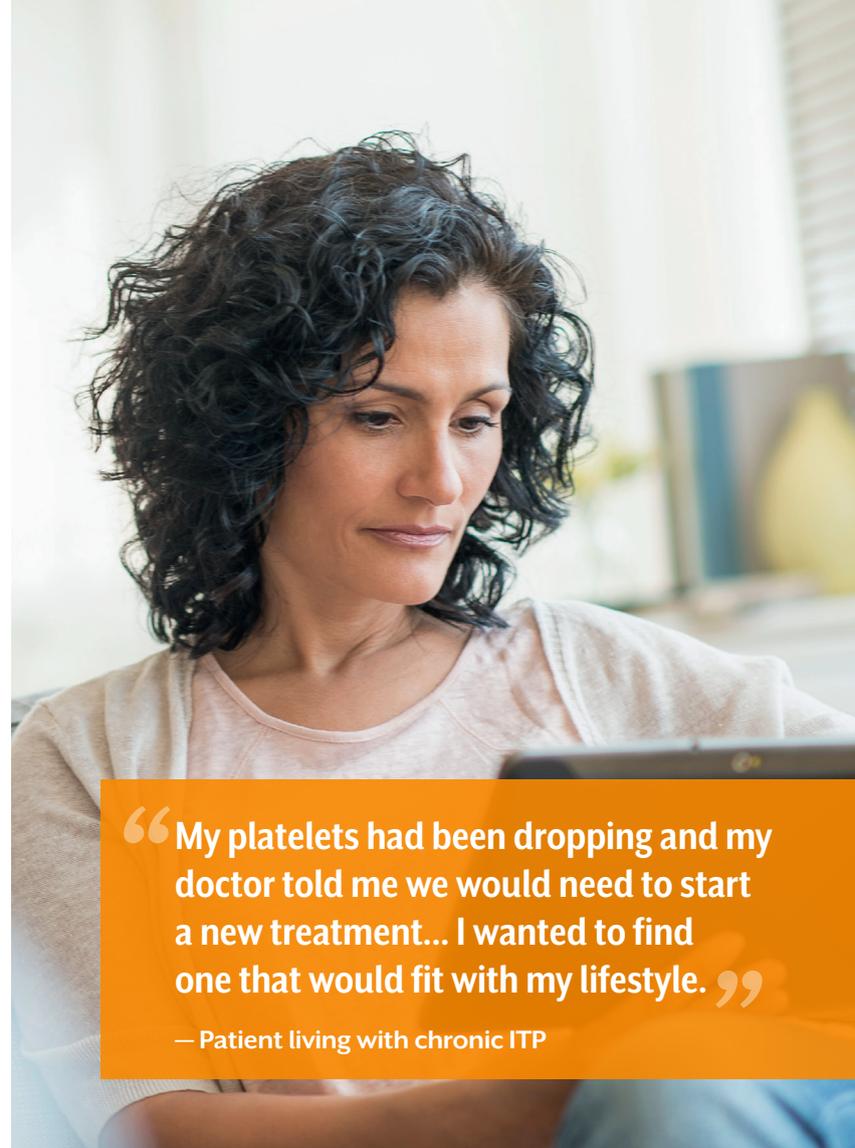
Many people set goals for themselves based on their lifestyles and daily activities. Write down your own goals and other personal priorities. Share them with your healthcare provider when discussing your treatment options.

## What is the right platelet count for me?

Every person is different. You and your healthcare provider will determine what the right platelet target is for you.

Healthcare providers usually consider treatment when someone with ITP has:

- Platelet counts below 20,000 per microliter ( $\mu\text{L}$ )
- Bleeding symptoms



“My platelets had been dropping and my doctor told me we would need to start a new treatment... I wanted to find one that would fit with my lifestyle.”

— Patient living with chronic ITP

# There are 2 ways to increase platelet counts

ITP treatments are chosen depending on the needs of the individual

What do ITP treatments do?

**MAKE  
MORE  
PLATELETS**

Some therapies stimulate the bone marrow to make more platelets.

OR

**STOP  
PLATELET  
DESTRUCTION**

Some therapies suppress the immune system to slow down platelet destruction, which is the underlying cause of the disease.

# TAVALISSE works differently than other chronic ITP treatments

Targeted treatment to stop platelet destruction at a key point in the disease process

How does TAVALISSE work to treat chronic ITP?



## TARGETED TREATMENT

TAVALISSE directly targets an enzyme in your body called spleen tyrosine kinase (SYK). SYK is an important part of the chain of events that causes the immune system to destroy platelets in ITP.

Everyone has SYK in their body, even people who have had their spleen removed.



## STOPS PLATELET DESTRUCTION

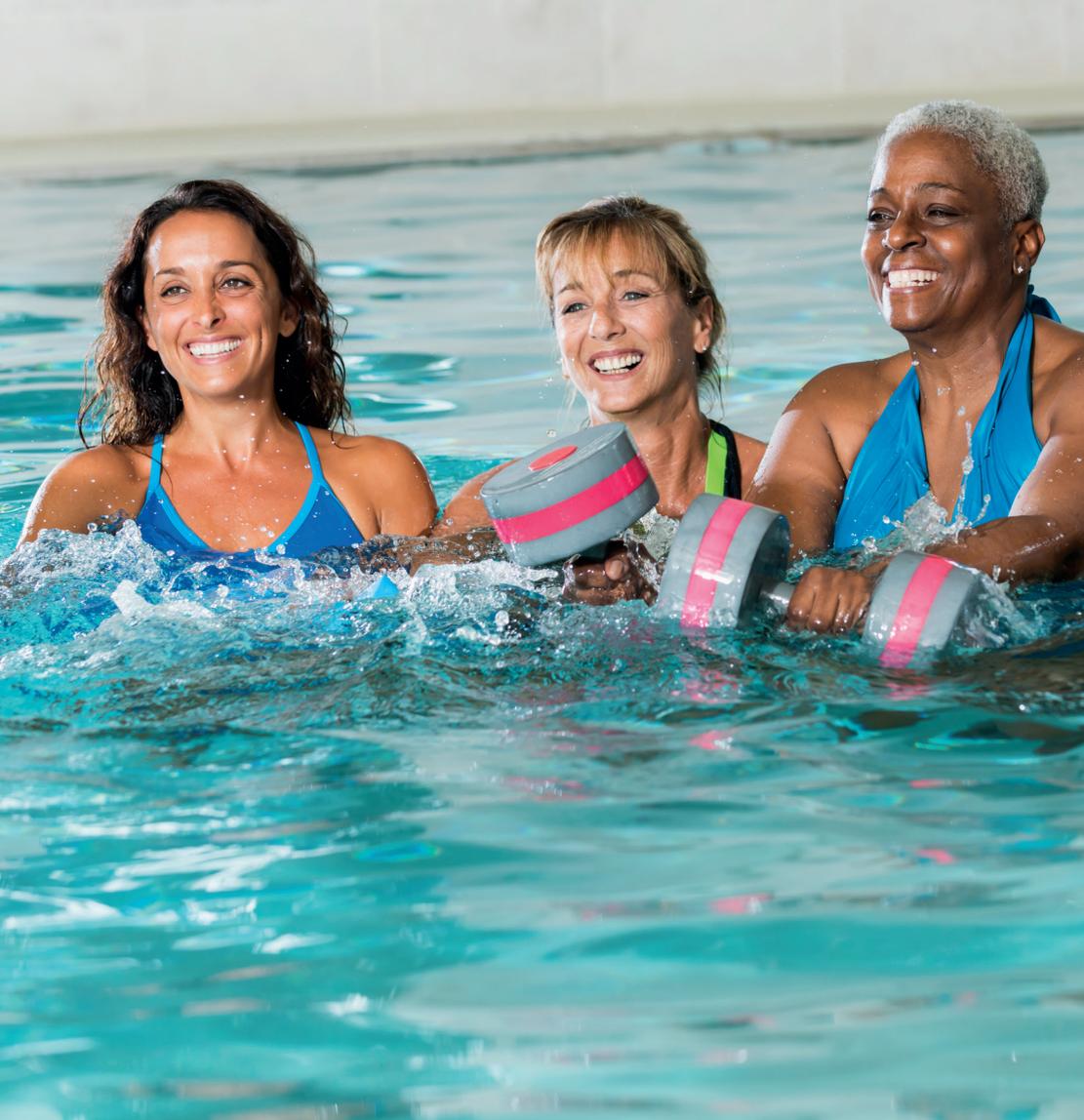
TAVALISSE blocks the process that causes the immune system to attack platelets. This means that fewer platelets are destroyed, which helps raise platelet counts in the body to reduce the risk of bleeding.



## THE FIRST AND ONLY

TAVALISSE is the first and only oral treatment for adults with chronic ITP that works to target the platelet destruction process.

Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.



## What is the most important safety information I should know about TAVALISSE?

### TAVALISSE can cause serious side effects including:

- **High blood pressure (hypertension).** New or worsening high blood pressure is common in people treated with TAVALISSE and can be severe. Your healthcare provider will check your blood pressure regularly during treatment with TAVALISSE. If needed, your healthcare provider may start you on blood pressure medicine or change your current medicine to treat your blood pressure. Tell your healthcare provider if you get headaches, confusion, dizziness, chest pain, or shortness of breath.
- **Liver problems.** Changes in liver function blood tests are common with TAVALISSE. Liver problems may occur and can be severe. Your healthcare provider will regularly do blood tests to check how well your liver is working during treatment with TAVALISSE.

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# TAVALISSE can help you reach your treatment goals

## TAVALISSE has helped patients increase and maintain their platelet counts

In studies that included 150 adults with chronic ITP, TAVALISSE was compared to placebo (a sugar pill) to see how effective it was at raising platelet counts over 6 months. All patients in these studies had taken at least one prior treatment that did not work well enough to manage their chronic ITP, such as steroids, immunoglobulins, rituximab, thrombopoietin receptor agonists, and/or splenectomy.

**It does not matter where you are in your treatment journey—patients who benefited from TAVALISSE did so regardless of the type or number of treatments they had tried in the past.**

### What results can I expect from taking TAVALISSE?



## INCREASED PLATELET COUNTS WITH TAVALISSE

At the start of the TAVALISSE studies, patients with chronic ITP had low platelet counts, with an average of 16,000 platelets per microliter. Some patients who responded to treatment experienced a significant increase in their platelet counts, reaching an average of

**97,000**  
platelets per microliter<sup>a</sup>



## PLATELET INCREASES WITHIN WEEKS

Most patients who had a positive response to taking TAVALISSE saw increased platelet counts during their first weeks on treatment, while others took longer to see a response.

Your healthcare provider will monitor your platelet counts and make any dose adjustments that are right for you.

After you take TAVALISSE for 3 months, your healthcare provider should be able to tell if you are responding to treatment.

Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.

<sup>a</sup>A subset of patients who took TAVALISSE in these studies had a stable response, which was defined as having a platelet count of over 49,999 platelets per microliter at least 4 times during the last 3 months of the study. These numbers—16,000 and 97,000 platelets per microliter—are the average platelet counts from the beginning and end of the study in these patients.

Every person's body is different, so your response to TAVALISSE may vary. Your doctor will monitor your platelet counts, watch for any side effects, and make changes to your treatment to help you reach your goals.



## RESPONSE PROVEN TO LAST

Most patients who responded to treatment with TAVALISSE continued to maintain an increased platelet count in a 5-year follow-up study.<sup>b</sup>

<sup>b</sup> These are patients who achieved a response to TAVALISSE in a reasonable amount of time, defined in this study as reaching a platelet count of over 49,999 platelets per microliter within 3 months (12 weeks) of starting treatment.



## What is the most important safety information I should know about TAVALISSE? (continued)

### TAVALISSE can cause serious side effects including:

- **Diarrhea.** Diarrhea is common in people treated with TAVALISSE and can be severe. Tell your healthcare provider if you get diarrhea during treatment with TAVALISSE. Your healthcare provider may recommend changes in your diet, drinking more water, or medicine to limit these symptoms.
- **Decreases in white blood cell count (neutropenia).** Decreases in your white blood cell count are common with TAVALISSE and can be severe. This may increase your risk for infection, including serious infections. Your healthcare provider will regularly do blood tests to check your white blood cell counts.

Your healthcare provider may change your dose, temporarily stop, or permanently stop treatment with TAVALISSE if you have side effects.

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# The benefit of an oral medicine

## TAVALISSE has no dietary restrictions

### How should I take TAVALISSE?

Your healthcare provider will find the right treatment schedule for you. They may decide to adjust the dose of your pills or how often you take them based on your response to treatment. Be sure to take TAVALISSE exactly as prescribed.



**TWICE DAILY  
ORAL MEDICINE**



**TAKE WITH OR  
WITHOUT FOOD**

### How often will my healthcare provider monitor my response?

Your healthcare provider will check your complete blood count (which includes platelets, red blood cells, and white blood cells), liver function, and blood pressure. They may change your dose depending on your test results.

### How long should I take TAVALISSE?

TAVALISSE needs to be taken every day as prescribed, even if you start to feel better. This is important to manage your platelet counts.

Your healthcare provider will tell you to keep taking TAVALISSE as long as it works to maintain your platelet counts and you continue to respond to therapy.

If changes are needed to your TAVALISSE dose, your healthcare provider will let you know.



“ I like taking my first pill when I wake up, and my second pill after dinner. I’m glad that it doesn’t matter if I take [TAVALISSE] on an empty stomach or not. ”

— Patient being treated with TAVALISSE

## What do I need to discuss with my healthcare provider before taking TAVALISSE?

Before you take TAVALISSE, tell your healthcare provider about all of your medical conditions, including if you:

- have high blood pressure
- have liver problems
- are pregnant or plan to become pregnant. TAVALISSE can harm your unborn baby.
  - Your healthcare provider will check if you are pregnant before starting treatment with TAVALISSE.
  - Females who can become pregnant should use effective birth control during treatment with TAVALISSE and for at least 1 month after the last dose.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking TAVALISSE with certain other medicines may affect how the other medicines work or how TAVALISSE works.

## What else should I know about taking TAVALISSE?

If you miss a dose of TAVALISSE, take your next dose at its regularly scheduled time. If you take too much TAVALISSE, call your healthcare provider right away or go to the nearest hospital emergency room right away.

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# Understanding potential side effects

## Important information about TAVALISSE

### What is the most important safety information I should know?

Your healthcare provider will explain the common and serious side effects that people may have while taking TAVALISSE, and give you tips on how to manage some of them.

The most common side effects of TAVALISSE include:

- Diarrhea
- High blood pressure
- Nausea
- Rash
- Dizziness
- Tiredness
- Liver problems
- Respiratory infection
- Chest pain
- Stomach (abdomen) pain
- Decrease in white blood cell count (neutropenia)

These are not all the side effects of TAVALISSE. For more information, ask your healthcare provider or pharmacist. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA, at 1-800-FDA-1088.

Your healthcare provider will want to know how you are doing on TAVALISSE. They may change your dose, temporarily stop, or permanently stop treatment with TAVALISSE if you have side effects.



“When I started TAVALISSE, my doctor explained the possible side effects. I was prepared and felt comfortable that they would be manageable if they happened to me.”

— Patient being treated with TAVALISSE

## If I get diarrhea, are there ways to manage it?

Your healthcare provider may recommend the following:



**Stay hydrated.** To prevent dehydration, drink fluids throughout the day, such as water, electrolytes, decaffeinated tea, and clear broth.



**Make changes to your diet.** Eat small meals often and limit foods that are spicy, greasy, or high in fiber (such as nuts or seeds).



**Take medicine.** Some over-the-counter antidiarrheal medicines can help provide relief. Your healthcare provider can help with specific recommendations.

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“It’s the little things for me, now that my platelet counts are up... I feel like I can get out more and have fun with my friends. I’m not as worried about my ITP as I used to be.”

— Patient being treated with TAVALISSE

Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.

# Fit TAVALISSE into your lifestyle

## Tips for more successful treatment

It's important that you take TAVALISSE every day as prescribed by your healthcare provider. Creating a daily routine will help make TAVALISSE a regular part of your lifestyle. Here are some tips to get you started. Find a method that works best for you.



### TAKE ADVANTAGE OF TECHNOLOGY

Set a daily alarm on your cell phone or a calendar reminder to alert you when it's time to take your medicine.

There are also a number of apps available to help you stay on track. Pick one that works for you.



### COMBINE WITH DAILY ACTIVITIES

You can tie taking your medicine twice a day to your current routine.

For example, you could tie it to brushing your teeth in the morning and before you go to bed, or you could tie it to eating breakfast and dinner.



### BUILD A SUPPORT TEAM

Friends and family may be able to help remind you to take your medicine and stay on track with your treatment plan.

Talk with them and make a plan that will work for you.



*My Treatment Journal* was designed to help you incorporate TAVALISSE into your lifestyle, monitor your progress, and help you stay on track.

Be sure to share the information you record in this journal with your healthcare provider at each appointment.

Download this treatment journal at  
**TAVALISSE.com**

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# TAVALISSE TOGETHER—partnering with you throughout your treatment journey

TAVALISSE TOGETHER is a program for adults with chronic ITP who are taking or are interested in taking TAVALISSE. TAVALISSE TOGETHER partners with you throughout your treatment journey, helping you become successful with your ITP treatment and achieve your goals.

TAVALISSE TOGETHER can help you with insights, tips, and motivation every step of the way so you can focus on what's important. The more you know about ITP, what to expect with treatment, and how to get the most out of conversations with your healthcare provider, the better prepared you will be to stay on track with your treatment.

## You'll receive:



**Text messages and emails** designed for what's important to you.



**Tips and insights** to help you have a smooth start and long-term success with TAVALISSE by developing habits to help you take it as prescribed.



**Tools to help you set goals** for your treatment and lifestyle, and ways to help discuss them with your healthcare provider.



**Advice on overcoming treatment obstacles**, like missing a dose or if a side effect happens.

**Join TAVALISSE TOGETHER—enroll now! Join today in one of three easy ways:**

Visit [TAVALISSETOGETHER.com](https://TAVALISSETOGETHER.com) **or** Text JOIN to 35587 **or** Scan this code with your cell phone



Please see the Important Safety Information throughout and on pages 20-21 and accompanying full Prescribing Information.



## Available to assist you with insurance, financial access, and support for TAVALISSE

- **Coordinating** with your insurance plan and your healthcare providers to understand coverage
- **Determining** eligibility and facilitating enrollment in copay and financial assistance programs
- **Contacting** you to answer questions you may have as you start taking TAVALISSE



**Nurse  
Navigation**



**Reimbursement  
Specialists**



**Financial and  
Copay Assistance**

**TO ENROLL IN RIGEL ONECARE**, call 1-833-rigelOC (833-744-3562), Monday-Friday, 8 AM – 8 PM ET.

## Pay as little as \$15 per prescription fill with TAVALISSE copay assistance

- Fill out and submit your information to determine if you are eligible
- Print out the copay card and have it available when speaking with the specialty pharmacy

**ENROLL AT [TAVALISSEcopay.com](https://TAVALISSEcopay.com)**

**Eligible patients may receive TAVALISSE at a \$15 copay for each prescription fill, if they pay through commercial insurance.**

- Patients must be 18 years of age or older
- This offer is not valid for prescriptions reimbursed under Medicare, Medicaid, TRICARE or any other federal or state program, or where prohibited by law
- The patient will be responsible for any out-of-pocket expenses after the \$25,000 annual cap
- This offer is not insurance and offer is valid only for prescriptions filled in the United States and Puerto Rico
- Not valid for cash-paying patients
- Other restrictions may apply. Patient is responsible for applicable tax, if any

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# IMPORTANT SAFETY INFORMATION

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- **Diarrhea.** Diarrhea is common in people treated with TAVALISSE and can be severe. Tell your healthcare provider if you get diarrhea during treatment with TAVALISSE. Your healthcare provider may recommend changes in your diet, drinking more water, or medicine to limit these symptoms.
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## What do I need to discuss with my healthcare provider before taking TAVALISSE?

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- have liver problems
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  - Your healthcare provider will check if you are pregnant before starting treatment with TAVALISSE.
  - Females who can become pregnant should use effective birth control during treatment with TAVALISSE and for at least 1 month after the last dose.

**Tell your healthcare provider about all the medicines you take,** including prescription and over-the-counter medicines, vitamins, and herbal supplements. Taking TAVALISSE with certain other medicines may affect how the other medicines work or how TAVALISSE works.

## What are the possible side effects of TAVALISSE?

The most common side effects of TAVALISSE include:

- Nausea, rash, dizziness, tiredness, respiratory infection, chest pain, and stomach (abdomen) pain.

These are not all the side effects of TAVALISSE. For more information, ask your healthcare provider or pharmacist. Call your healthcare provider for medical advice about side effects. You may report side effects to FDA, at 1-800-FDA-1088.

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# An opportunity for you to have a lasting defense against chronic ITP

**EARLY RESULTS:** Increased platelet count seen within weeks of starting treatment in most patients

**LASTING BENEFITS:** Treatment benefits proven to continue with long-term therapy

**TARGETED TREATMENT:** Works in a different way to limit platelet destruction and raise platelet counts over time

**FITS YOUR LIFESTYLE:** Offers the convenience of a pill that can be taken with or without food



It's time to take a different approach to treatment. Talk to your healthcare provider about starting TAVALISSE now.

## SELECT IMPORTANT SAFETY INFORMATION

### What are the possible side effects of TAVALISSE?

The most common side effects of TAVALISSE include:

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